

## PARK MOUNT CARE HOME



Providing quality residential and respite care

## Introduction

Park Mount is a purpose-built care home for older people and our aim is to provide a high level of care in quality surroundings. We feel that those who make Park Mount their home should live with dignity, have the respect of those who support them and be assisted and encouraged to live a full and active life, with choices and involvement in every decision that affects them directly.

## At Park Mount we believe people have a right to:

- A high standard of personal care and support
- ✓ A well-trained and committed staff team
- Consideration, respect and kindness from all members of staff
- ✓ A homely and safe environment
- ✓ Make their own lifestyle choices
- ✓ Freedom of choice
- ✓ To be involved in all aspects of their lives
- ✓ To be consulted in all aspects of living in the home
- ✓ Receive visitors whenever they wish

#### Philosophy of care

The philosophy at Park Mount is to provide a holistic person-centred service with personalised care and support at all times.

#### Our staff team

We regard it as a top priority that we provide a high standard of care to our residents and therefore recruit staff who will fit into our friendly and caring team. Staff are sympathetic, and are able to recognise, understand and cater for people's individual needs.

All of our healthcare assistants are trained to either NVQ level 2/3, or are currently working towards these qualifications. All of our members of staff receive the mandatory training needed to provide the high level of care we provide. Equally important to their training is warmth, compassion and empathy.

#### Treating all with dignity and respect

We treat each person with dignity and respect, never forgetting that each resident is an individual - someone with a lifetime of experiences, interests and memories. Their family and friends will always be made welcome, encouraged to visit, stay for a meal and spend time together.







# Pallottine Sisters

#### ...founded in the 19th century by Vincent Pallotti

Park Mount Home is owned and run by the Pallottine Missionary Sisters. Their name comes from their Founder, St Vincent Pallotti, a Roman priest (1795 – 1850). He was overwhelmed by God's personal love of each individual person, and the life of Jesus Christ urged him to work with a degree of charity which continues to be an inspiration to all Pallottines.

Pallotti lived during the turbulent time of the French Occupation of Rome – a dangerous time for the Church and the poor. In 1837 a cholera epidemic devastated Rome. Many people died and orphaned children roamed the streets. Pallotti and his companions helped where they could. His special concern was young homeless and vulnerable girls. He placed their wellbeing into the hands of devoted

capable women. Some of these became the first Pallottine Sisters. The date was Pentecost 1838. Today the work of the Sisters spans the globe.

In April 1909 the first Pallottine Sisters settled in Rochdale, Lancashire. They opened a School for Girls whose parents could not afford normal school fees. The School developed into a flourishing Grammar School. 60 years later it was absorbed into the Rochdale System of Comprehensive Education.

From the beginning the Pallottine Sisters also cared for babies who needed a home and care. Their numbers grew fast. New Homes had to be found. In 1952 Children and Staff moved from Lancashire to Pallotti Hall in Siddington.

The residents of Macclesfield and Congleton soon formed close bonds with the Sisters and the children. The generous circle of Friends of Pallotti provided funds, friendship and security.

By 1979 new insights and laws encouraged the placement of children in families and small units. Pallotti Hall had served its purpose. The new great need of the time was recognised as **Care for the Elderly**. The sale of Pallotti Hall provided funds for a purpose-built Care Home at Park Mount which was opened in 1984. The site had been a charitable bequest of Mr William Goldman.

Today the Pallottine Sisters and the Friends of Pallotti continue their caring work at Park Mount.









## Facilities

Park Mount accommodates thirty five people, all in single en-suite rooms. The home had a complete refurbishment in 2011 and provides a quality environment for its residents.

- ✓ Long and short-term stay (including respite)
- √ 24-hour care and support
- ✓ Regular visiting chiropodist and hairdresser
- ✓ Laundry service
- ✓ Social and recreational activity programme
- ✓ Individually priced care packages according to need
- ✓ Day care facilities



#### **Accommodation:**

- Thirty five en-suite bedrooms
- Alarm systems in every room
- Three lounges
- Two dining rooms
- Bath and shower facilities suitable for individuals' needs
- Lift access to second floor
- Wheelchair access throughout the home and garden
- Garden
- Chapel regular services and all denominations welcome

#### Individual Bedrooms

All of the bedrooms at Park Mount are large and comfortable and feature ensuite facilities. Each room is finished to a high standard with thoughtful design, quality and comfort. Bedrooms come fully furnished with television, phone/internet socket and a 24-hour alarm call system. We encourage

residents to personalise their rooms with small items of furniture and other keepsakes..

#### **Lounge and Dining Facilities**

Park Mount has a number of communal areas and outdoor space for the residents to enjoy. There are two dining rooms where the residents can share a relaxed dining experience with a friend or family, or if preferred, residents can dine in their own room. Two comfortable lounges make ideal space for relaxing and entertaining visitors.

#### The Garden Area

The large well-kept gardens at Park Mount provide the perfect place for relaxing with friends or spending time alone with a good book.





# Quality Assurance

At Park Mount we continually strive to improve the services we offer our residents and relatives and welcome any suggestions for changes and comments that you may have. In addition, we have in place a complaints procedure which can be found in the service user guide.

#### **Health and Safety**

The health and safety of our residents is paramount. The home is fitted with a fire alarm system which is tested weekly. The system is fitted with an automatic door closing system that will activate and close all doors in the event of a fire.

## Food... freshly made, nutritious and tasty meals

Every day our cook uses fresh and seasonal ingredients to prepare tasty and nutritious meals to suit individual likes and dislikes and to meet the special requirements and dietary needs of our residents. Snacks and drinks outside of usual meal times are available at any time. We like to celebrate birthdays and occasions so special meals are often served and made extra special when family or friends are able to join in.

#### **Activities and hobbies**

We organise a number of activities, events and outings for residents to choose from if they wish to take part. We understand that every resident has different interests and abilities and we will design our activities programmes accordingly.

"The staff are friendly and treat me as a person."

"I have the choice to do what I like here."





### Admission

Prior to admission, you and your relatives are invited to visit Park Mount to view the facilities and meet the staff on duty and discuss your requirements and any concerns. A pre-admission assessment will be carried out by the manager or a senior member of staff.

# Further Information

Please do not hesitate to ask the manager or any member of our staff who will be happy to help you with any other information you need.

Telephone: 01625 616459

Email: info@parkmountcarehome.co.uk

Address: 52 Park Mount Drive, Macclesfield, Cheshire, SK11 8NT







### How to find us

We are just 5 miles from the M62 and 15 miles from the M6. Macclesfield's railway station is just over 1 mile away and is served by the larger stations of surrounding towns and cities.













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